**DESCRIPTION**
Borage Seed Oil is an excellent source of the important gamma-linolenic acid (GLA) providing 210 mg of GLA per softgel. Borage Seed Oil softgels are manufactured using only 100% vegetable oil from borage seeds (*Borago officinalis*). The oil is cold-processed and handled carefully to avoid any oxidation, as indicated by consistently low peroxide values. No solvents such as hexane are used during the extraction and processing.

**FUNCTIONS**
Typical diets in developed countries deliver large amounts of saturated fatty acids and the polyunsaturated omega-6 linoleic and arachidonic acids. Dietary linoleic acid (18:2 omega-6) is a precursor to arachidonic acid (20:4), which in turn is a precursor for pro-inflammatory immune mediators, the 2-series prostaglandins, thromboxanes, and leukotrienes. Although GLA is a precursor of arachidonic acid, it also competes with arachidonic acid effectively and may help down regulate the formation of excessive levels of pro-inflammatory 2-series prostaglandins and other immune mediators.

**INDICATIONS**
Borage Seed Oil may be a useful dietary supplement for those who wish to increase their intake of gamma-linolenic acid.

**FORMULA** (WWW #10018)
1 Softgel Capsule Contains:
- Borage (*Borago officinalis*) seed oil ............... 1,000 mg
- Gamma-Linolenic acid (GLA) ......................... 220 mg
- Cis-Linoleic acid ........................................... 380 mg
- Oleic acid .................................................... 160 mg

Other Ingredients: Gelatin, glycerin, and water.

This product contains NO added sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial flavors, or colors.

**SUGGESTED USE**
As a dietary supplement, adults take one (1) softgel capsule, one (1) or two (2) times daily with meals, or as directed by a healthcare professional. Store in a cool, dry place and away from direct light.

**SIDE EFFECTS**
No adverse effects have been reported.

**STORAGE**
Store in a cool, dry place, away from direct light. Keep out of reach of children.

**REFERENCES**